

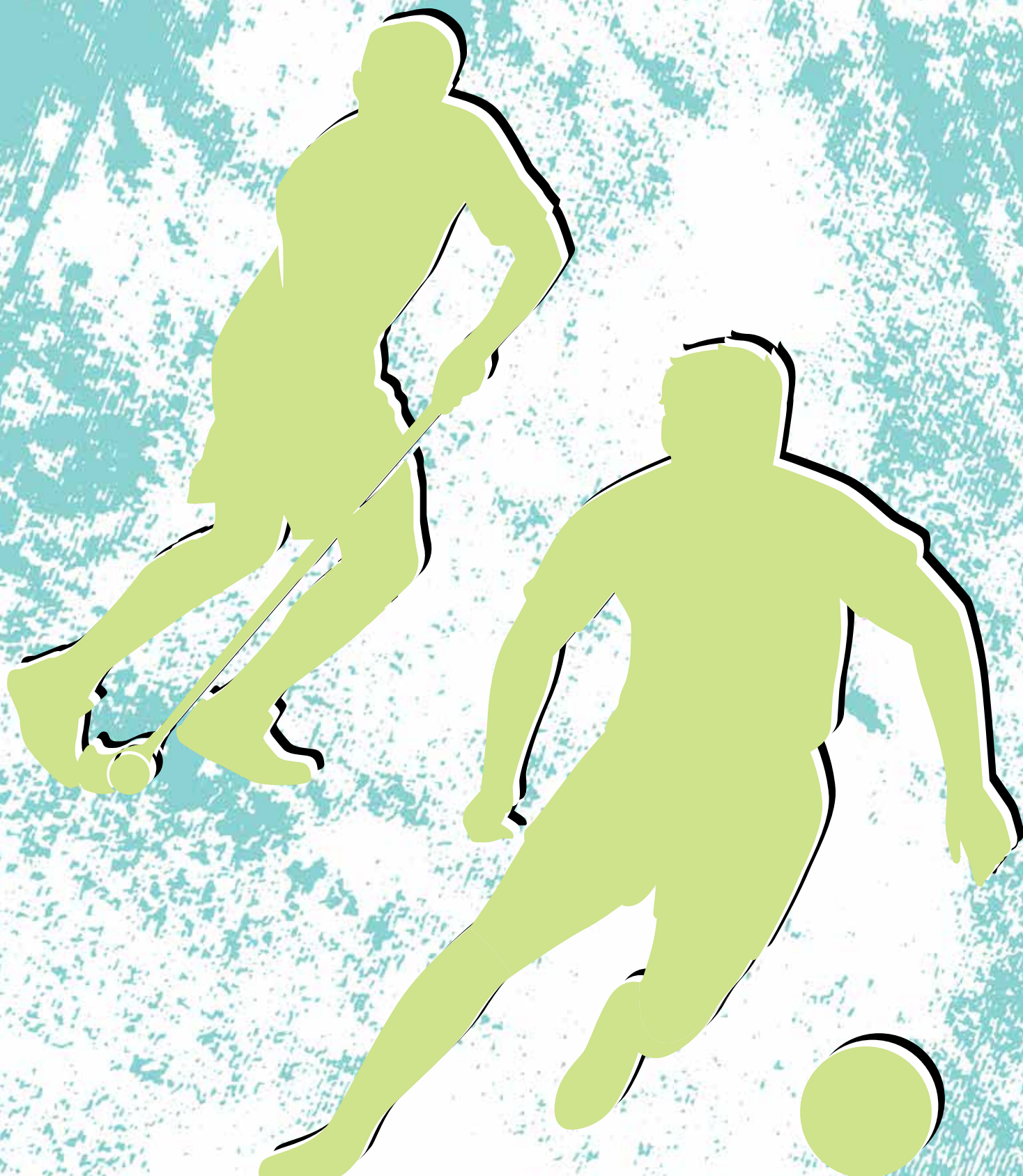


Established 1852

SINGAPORE CRICKET CLUB MAGAZINE

THE PADANG

Available on www.scc.org.sg March / April 2024





SCC Hari Raya Puasa Celebration 2024 Kampong Night

Friday, 19 April 2024

Celebration Activities: Traditional Games

Five Stone, Congkok, Tikam Tikam, Gasing,
Kids Coloring Corner – 'Mua Bulan Kite'

6pm – 9pm
Deli Verandah

Putu Piring Live Station

6pm – 9pm
The Oval & Verandah

Malay Dance Performance

7.30pm – 8pm
Main Lounge

Live Band Performances by D'Kingzmen

8pm – 10.45pm
Main Lounge

General Committee 2023

PRESIDENT

Mr Mathavan Devadas
mathavan.devadas@scc.org.sg

CHAIRMAN GAMES CONTROL BOARD

Mr Samuel Sharpe
sam.sharpe@scc.org.sg

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Subcommittee Members

GAMES CONTROL BOARD

Mr Samuel Sharpe (Chairman)
Mr Mathavan Devadas
Mr Martin Goerojo
Mrs Nanthini Viknesh
Mr Srikanth Kakulapati
Mr Jan Singh
Mr Shanmugam S/O Ganesan
Mr Peter Edward Gilchrist
Mr Intekhab Khan
Mr Rahul Khare
Mrs Susan Milford
Mr Charles Shanmugaraj M
Mr Lee Slater
Mr Srin R Srinivasan
Dr Tashiya Mirando
Ms Genevieve Guiney
Mr Glyn Vince
Mr Jack Whiskin

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Mr Mathavan Devadas
Mr Martin Goerojo
Mrs Margaret Cunico
Mr Jon Robinson
Mr James Blythman
Mr Bill Chua
Ms Ketki Sen

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Mr Mathavan Devadas
Mr Sam Sharpe
Mr Jon Robinson
Mr Anwar Gaffoor
Dr Tashiya Mirando
Ms Nilma Missir
Mr Prakash Pillai
Mr Moiz Sithawalla

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Ms Monica Alsagoff
Mrs Ravina Bhojwani
Mr Gabriel Lee
Mr Rajan Menon
Mr Ashwin Seshadri

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Mr Allan Muir
Mr Jayaprakash Jagateesan
Ms Joanna Ossinger
Mr James Blythman

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Mr Eric Ambrose
Ms Sally Leonard
Mr Rajan Menon
Mr Gobi Nathan S/O Pasupathy
Mr Bryden Yong

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Mr Jeyan Nadarajah
Ms Cynthia Robless
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Mr N Thangavelu

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Ms Janice Kaur Bennett
Mr James Blythman
Mr James Calderwood
Mr Hasan Jafr

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Mr Brendan Hannigan
Ms Sunita Kapoor
Mr Bryan Lim Chin Yaw
Mr Julian Michael
Mrs Susan Milford
Ms Shelia Nagiah
Mr. Naveen Gupta
Mr. Prakash Pillai

IT

Mr Srikanth Kakulapati (Chairman)
Mr Bala Narayanan
Mr David Robert Ahier
Ms Ketki Sen
Mr Graeme Williams

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Singapore Cricket Club
Established 1852

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Making the Easy & Green Choice

Notice of Annual General Meeting 2024 & Annual Report

As part of our transition to more sustainable business practices:

1. Digital Notice of Annual General Meeting (AGM)

- The Notice of AGM 2024 and supporting documents will be disseminated only digitally via email.
- To ensure you receive the digital Notice of AGM, please update your email address and mobile number with the Membership Department by emailing MembershipDept@scc.org.sg

2. Opt out of printed Annual Report

- Members can opt out of receiving the print copy of the Annual Report this year; a digital version will be emailed to you instead.
- To opt out of receiving the print copy of the Annual Report, please fill in this 1-minute form:



<http://tinyurl.com/SCCAnnualReportOptOut>

- Closing date for this opt-out exercise is Friday, 15 March 2024.



PRESIDENT'S MESSAGE

Dear Members,

These next two months, March and April, will be a very busy period, with many events lined up.

We started March with the 27th SCC International Hockey6s Tournament on 2 – 3 March 2023 with 54 overseas and local men's and ladies' teams descending upon the Padang for a weekend of competition and fun. We had two full days of matches, a splendid gala dinner on the Saturday at the multi-purpose court served up with SCC's famed hospitality, and ample opportunities to renew friendships and form new ones at the tournament village tent and swimming pool.

The month of April will start with another SCC marquee event – the 30th SCC International Soccer7s Tournament on 6 – 7 April 2024. This tournament will host regional teams competing across six categories: Open, Masters, Veterans, Women's, Youth (U12) and Corporate. Gracing the tournament will be special VIP Patrik Berger – the Czech International former professional footballer whose many achievements include the four trophies he won during his seven years with Liverpool, as well as spells in Portsmouth, Aston Villa and Stoke City. Patrik will be conducting a youth football clinic, having a Q&A session during the tournament gala dinner, providing half-time analysis at the live Manchester United vs Liverpool match screening that weekend, and interacting with fans on the Padang.

It is tournaments such as these that strengthen SCC's position as the elite sports and social club in Singapore and the region; through such tournaments, we help further develop the sports; provide opportunities for teams and players of all ages and genders to compete, hone their skills and learn from one another; and build different sports communities across the region. The well-being and longevity of the Club are very much dependent on our members' passion for SCC and I thank the tournaments' organising committees – made up of section volunteers who have sacrificed months to deliver these massive

events – and the wider Sections' members who are not just participating in our Club's events, but also actively coming together to further build the Club's stature.

On 20 April, we will honour the SCC members who earned great sporting achievements over the past year as well as those who are actively involved in and who contribute to their respective sports sections and the Club at the 14th SCC Sports Awards. As always, the evening promises to be one of prestige and glamour as our sports sections encourage one another and applaud the best amongst us. I hope you are looking forward to that as much as I am.

We will end the month with the SCC Annual General Meeting (AGM) 2024 on 30 April. This is an important event to participate in and decide on the important resolutions that will be put forward for consideration as well as choose the General Committee members who will represent you and the direction you want SCC to move towards.

I hope our voting members will register to vote electronically and participate fully in the AGM. Please look out for the AGM notices and related documents that will be disseminated only via email to you; to ensure you receive the digital notices, please update your email address and mobile number with the Membership Department at MembershipDept@scc.org.sg.

At the same time, members can now opt out of receiving the print copy of the annual report this year and be emailed a digital version instead. To opt out, you can fill in this 1-minute form at <http://tinyurl.com/SCCAnnualReportOptOut>; closing date for this exercise is 15 March 2024.

See you at the Clubhouse!

Mathavan Devadas
President, Singapore Cricket Club

New Members' Introduction Night

8 January 2024

Mr. Maximilian Donatus Benz

Mr. James Butterfield

Mrs. Seema Bajpai

Dr. Rajive Dabas

Ms. Premanjali Gupta

Mr. Shailendra Gupta

Mr. Vivek Kumar

Mr. Nicholas Lim

Mr. Rajdeep Laha

Mr. Arjun Mutreja

Mr. David Mitchell

Mr. Joseph Mendis

Mr. Naresh Mahtani

Mr. Edwin Ng

Mr. Mark Gary Nadhan

Mr. Ed Ong

Mr. Manish Prakash

Mr. Leon Rais

Mr. Kohei Suzuki

Ms. Catherine H. Smith

Mr. Ritesh Sood

Ms. Levenza Toh

Mr. Nicholas Tan

Dr. Ranu Taneja





New Members' Introduction Night

5 February 2024

Mr. Richard Austin

Mr. Andy Gui

Mr. Glen Hilton

Mr. Hamish Haddow

Mr. Patrick Harman

Mr. Hajime Hiyoshi

Ms. Nada Jumabhoy

Dr. Sujata Kathpalia

Mr. Yogesh Kudale

Ms. Danielle King

Mr. Dinesh Khanna

Mr. Duleesha Kulasooriya

Ms. Elaine Lim

Mrs. Eileen Magnus

Mr. Murli Maiya

Mr. Pranjul Mishra

Mr. Rahul Mainkar

Mr. Deepak Mahtani

Mr. Arpit Mathur

Mr. Nunis Mikael Keith

Dr. Maya Purushothaman

Mr. Tushar Pande

Mr. Matt Roberts

Ms. Jyoti Sinha

Mr. Matthew J Spriggs

Mr. Janaka Seneviratne

Mr. Amarjit Singh Sidhu

Ms. Cherie Teng Z.H

Ms. Annabella Tay Bok

Mr. Ashish Tuteja

Mr. Reuben Tham

Mr. Jason Varsamidis





WSET Level 1 Award in Wines

The WSET® Level 1 Award in Wines course provides a sound and simple introduction to wines - teaching the key stages in grape growing and winemaking, the principal types and styles of wines, the key characteristics of wines made from the principal grape varieties as well as other examples of wines, and the key principles involved in the storage and service of wine.

Five staff members attended the course and passed the examination.



Left to right: Karen Tay (Food & Beverage, Admin Manager), Choo Zi Qian (Food & Beverage, Senior Admin Executive), Becky Xu (Senior Catering Sales Manager) and Tristan Cha (Food & Beverage, Operations Manager)



Absent :
Marco Chai
Senior Captain
Food & Beverage,
The Padang Restaurant

Outstanding Employee Recognition Award 4th Quarter 2023



Eugene Chua
Senior Chef De Partie
The Oval & Verandah
(Western Kitchen)



Vani A/P Munusamy
Changing Room Attendant
Property & Housekeeping



Shaikh Rahul
Sous Chef
The Oval & Verandah
(Indian Kitchen)

Staff Redesignation

The following staff have redesignated with effect from 1 January 2024.



Ms. Jill Woo
PA to GM/Executive Secretary/
Head of Member Services



Ms. Yvonnea Kok Shu Fen
Head of Membership Sales

Staff Promotions

We are pleased to announce the promotions of the following staff with effect from 1 January 2024.



Stephen Aow
Purchasing
Manager



Jolene Yam
Membership
Manager



Serene Chew
Assistant
Membership Manager



Jeffrey Ng
Senior Assistant
Restaurant Manager



Shirley Yeo
Senior
HR Executive



Wee Gek Choo
Senior
Accounts Executive



Choo Zi Qian
Senior F&B Admin Executive



Tor Yi Jie
Senior Sports Executive



Clara Tan
Senior Sports Executive



Rachel Tan
Junior Sports Executive



Angeles Jordan Maningas
Maintenance Supervisor

STAY CONNECTED

 Facebook: @Singapore Cricket Club

 LinkedIn: Singapore Cricket Club

 Instagram: @singaporecricketclub

 Telegram: t.me/SGCricketClub

 Twitter: @SGCricketClub



OBITUARIES

The Club records with deep regret the passing of our Members. Our sincere condolences go out to the families of the departed.



Mr Roger A Prior



Mrs Vanessa Martin

SINGAPORE CRICKET CLUB

SCC Membership Referral Program

Receive F&B credits of \$1,000 for Ordinary Transferable Membership, and \$500 for Term Membership, when your referral completes* their application sign-up!

Contact our Head of Membership Sales at Yvonnea.kok@scc.org.sg today

**Terms and conditions apply.*

In Conversation with Abigail Bird

Tell us about yourself.

I'm a 21-year-old British environmental science student who has called Singapore home for the past 14 years. My connection to the Singapore Cricket Club goes beyond the boundaries of a cricket pitch. My father's involvement in SCC, playing for the Saturday XI, Squash and Golf has been a constant backdrop to my life, shaping my sense of community and fostering a love for sportsmanship.

From the early days of watching my father play cricket, I've come a long way. Today, SCC feels like a second home, a place where friendships are forged, and the spirit of competition thrives.

What got you into mountaineering?

My journey into the world of extreme adventures began in March 2023, when I embarked on a 21-day expedition to Imja Tse in the Himalayas. Starting in Kathmandu, our team navigated the challenging terrain, acclimatizing over ten days with a detour to Everest Base Camp. The climb to the summit, with its glacial Moraine and ice headwall, was both physically demanding and emotionally rewarding. The allure of Nepal's landscapes and the warmth of its people left an indelible mark, igniting a deep-seated connection with the mountains.

In August 2023, a week-long expedition to Monte Rosa in Europe further fuelled my passion for mountaineering. Navigating the 4000m peaks across Italy, France, and Switzerland, I witnessed firsthand the impact of climate change on glaciers. A crevasse opening beneath my partner and I served as a stark reminder of the urgency of climate change awareness. These expeditions were more than personal challenges; they were opportunities to document the environmental impact of climate change in high-altitude regions.

Now, as I prepare for my upcoming expeditions to Nepal and Greenland which is sponsored by WadzPay, my objectives extend beyond personal accomplishments.

Tell us about your upcoming project - Summit Soar.

Summit Soar: Kathmandu and Greenland cover the Himalayan range in Nepal and the pristine wilderness of Greenland respectively, providing the backdrop for these projects' commitment to explore, understand, and contribute to the global conversation on climate change impact and conservation. These expeditions are not just about conquering summits; they are a call to action, a chance to raise awareness about the critical need to protect our planet.

Motivated by the personal challenge of climbing mountains, I find fulfilment in pushing my physical and mental capacities to their limits. The unique connection with nature and the solitude during these climbs offer a profound break from routine, allowing me to appreciate the planet on a deeper level. Moreover, my passion for mountaineering is intricately linked to my environmental motivation. Witnessing the impact of climate change during my expeditions has intensified my commitment to document these changes and advocate for the urgent need to protect our planet.

I want to express my sincere gratitude to WadzPay, my main sponsor, for their invaluable support on my upcoming expeditions.

What are some of the things you will be doing to offset your carbon footprint?

Recognizing the carbon footprint associated with air travel, I have proactively offset my emissions through Singapore Airlines' Offset program, ensuring that my contributions go toward verified carbon offset projects across Asia. For the Greenland expedition, my team have adopted a 'Leave no Trace' ethos, ensuring all rubbish is brought back to Kulusuk village, and a pit for human waste will be dug away from water sources. These conscientious choices reflect my dedication to minimizing waste and supporting environmentally responsible practices.

By documenting the environmental impact of climate change in high-altitude and remote regions, I hope to inspire change and contribute to the collective effort to help protect our planet.





Image for illustration purposes only.

SINGAPORE HAWKER DELIGHTS NIGHT

The Oval
a verandah



TUESDAYS | 6PM – 10PM

12 March & 9 April 2024

PASEMBUR ROJAK

Malaysian Indian style rojak with shredded jicama and cucumbers, prawn & vegetables fritters, fried bean curd & marinated jelly fish, tossed in sweet potato sauce & sesame seeds

\$10.80

SCC POPIAH

Thin pancake wrap stuffed with braised turnip filling with prawns, eggs and lettuce, with chili & sweet sauce

\$6.80

APPAM WITH CHICKEN KORMA

Appam pancake made with fermented rice batter & coconut milk

\$14.20

SCC FRAGRANT CHICKEN, MUTTON & PORK SATAY

With traditional condiments & chunky peanut sauce

Half Dozen \$10.80

One Dozen \$16.20

SAMBAL ONION STINGRAY (300gm)

With cinalok, calamansi & pickled onions

\$18.80

CHILI CRAB (400gm)

Served with 4 pcs of mantou

\$44.80

MUTTON MURTABAK

Roti prata stuffed with minced mutton, chili, onions & egg, served with mutton curry

\$11.20

PRATA (Choice of Plain, Egg or Onion)

Served with choice of fish curry, chicken curry or dhal & pickled onions

\$8.80

PULUT HITAM

Sweet dessert made from black glutinous rice porridge with coconut milk

\$6.80

CHENG TENG (Served Hot or Cold)

Sweet, dried longan soup with red dates, white fungus, barley beans, ginkgo nuts & lotus seeds

\$6.80

26 March & 23 April 2024

PASEMBUR ROJAK

Malaysian Indian style rojak with shredded jicama and cucumbers, prawn & vegetables fritters, fried bean curd & marinated jelly fish, tossed in sweet potato sauce & sesame seeds

\$10.80

KUEH PIE TEE (6 pcs)

Thin and crispy pastry tart shells filled with spicy, shredded Chinese turnips & sweet mixture of thinly sliced vegetables

Plain \$6.80

Add prawn \$8.80

ROTI JOHN MUTTON

French loaf omelette & onion sandwich topped with minced mutton

\$10.20

SCC FRAGRANT CHICKEN, MUTTON & PORK SATAY

With traditional condiments & chunky peanut sauce

Half Dozen \$10.80

One Dozen \$16.20

SAMBAL ONION STINGRAY (300gm)

With cinalok, calamansi & pickled onions

\$18.80

CHILI CRAB (400gm)

Served with 4 pcs of mantou

\$44.80

CHICKEN MURTABAK

Roti prata stuffed with minced chicken, chili, onions & egg, served with mutton curry

\$11.20

PRATA (Choice of Plain, Egg or Onion)

Served with choice of fish curry, chicken curry or dhal & pickled onions

\$8.80

CHENDOL

Shaved ice with red beans, green jelly, coconut milk & gula melaka

\$6.80

BUBUR CHA-CHA

Medley of sweet potatoes, taro & tapioca jelly cooked in pandan coconut milk

\$6.80



SCC HARI RAYA PUASA KAMPONG A LA CARTE SPECIALS

15 – 19 April 2024

The Oval & Verandah, Courtyard
6pm onwards

.....

Keropok Udang

*Fried Prawn Crackers served with
Sambal Cili Pedas*
\$4.00

Raya Rendang Tok

*Beef Dry Curry served with
Nasi Tomato & Nonya Achar*
\$24.00

Ayam Lemak Cili Padi

*Chicken Bird's Eye Chilli Coconut Milk Curry
served with Nasi Tomato & Nonya Achar*
\$15.00

Gulai Asam Pedas Pekat Ikan Merah

*Spicy Tamarind Fish Stew served with
Nasi Tomato & Nonya Achar*
\$18.00

Mee Siam Sayuran (V)

*Thin Rice Vermicelli in a Sweet and
Sour Gravy with Vegetables*
\$12.00

Kueh Manisan

*Assorted Sweet Pastries:
Kueh Pelangi Lapis, Kueh Dadar
& Kurma Madu Manisa (Honey Dates)*
\$7.50



ST. PATRICK'S DAY SPECIALS

1 – 17 March 2024

Available at all outlets except The Padang Restaurant

FOOD SPECIALS

Colcannon \$12.00

Creamy buttery mashed potato with cabbage, kale & bacon bits

Irish Potato Soup \$10.00

Cream of potato & onion with bacon bits

Irish Corned Beef & Cabbage \$18.00

Salt brined Beef brisket, roasted carrot, brussels sprouts & cabbage

Guinness Beef Stew \$20.00

Braised beef in Guinness served with focaccia toasts

Lamb Chop with Marjoram Butter \$21.00

Grilled garlic herb lamb T-bone with zucchini, parsnip & carrot

Grilled Chicken & Sausage Combo Platter \$18.00

Grilled chicken leg & English Cumberland sausage with roasted Idaho potato, mesclun greens salad & pineapple salsa

BEVERAGE SPECIALS

Guinness Microdraught Can \$13.00

Available in Main Lounge & The Oval & Verandah

Guinness Draft Mug \$12.00

Available in STUMPS only

Kilkenny Draught Mug \$12.00

Available in all outlets except The Padang Restaurant

SPIRITS & WINES

FOOD & BEVERAGE

BOTTLES OF THE MONTH



Singleton Dufftown 15 Years

SAVE \$50.00 One Bottle: \$118.00
(Usual Price: \$168.00)

SAVE \$128.00 Two Bottles: \$208.00
(Usual Price: \$336.00)

SAVE \$206.00 Three Bottles: \$298.00
(Usual Price: \$504.00)



Dalmore 12 Years

SAVE \$43.00 \$125.00 per bottle
(Usual Price: \$168.00)



Naked Malt Whisky

SAVE \$37.00 \$88.00 per bottle
(Usual Price: \$125.00)



Vording's Dry Gin

SAVE \$40.00 \$118.00 per bottle
(Usual Price: \$158.00)



Reserve Mouton Cadet Graves Blanc, France

Linden yellow with a slight golden cast. The nose opens on white blossom aromas such as acacia and hawthorn, then goes on with airing to develop citrus fruit notes, especially yuzu and bergamot, and a touch of the flinty minerality typical of the appellation. A smooth and fresh attack lifted by perky citrus flavours leads into a highly refined mid-palate on notes of passion-fruit and sage and a finish that confirms the mineral touch clearly apparent on the nose.

\$58.00 per bottle / \$14.80 per glass



Mouton Cadet Cuvee Heritage, France

Black-cherry red with a slight ruby hue. After opening on a mixture of red and black fruit aromas such as redcurrant, cherry and blackberry, notes of nutmeg, toast and wild strawberry emerge with airing. From a full and sweet attack, the succulent mid-palate expresses the black and red fruit found on the nose, while the beautifully rounded finish reveals a touch of vanilla.

*Concours Mondial de Bruxelles Gold Award Winner
\$58.00 per bottle / \$14.80 per glass



Zonin Pinot Grigio Friuli, Italy

Appealing straw-yellow color green with delicate reflections. Delicately fruity, relatively full and ample with an ensemble of aromas of great finesse. Lightly dry yet extremely fresh. Its pleasantly balanced and elegant structure makes this an unusually refined and aristocratic wine.

\$45.00 per bottle / \$11.00 per glass



Zonin Valpolicella Ripasso Superiore, Italy

Intense and deep ruby-red color. Ample and remarkably complex, with vinous tones and well-defined scents of cherries against a tenuous background of chocolate. Dry on the palate with a fine and harmonious balance, great strength and sturdy body. The aftertaste is highly persistent and delectably clean.

\$54.00 per bottle / \$12.80 per glass

* No limit on purchase, while stocks last.

Storage of bottles capped at 2 bottles per month per purchase, due to storage limitations. Not applicable for banquets, private functions and birthday voucher.

Oyster & Sashimi Fridays

Start your weekend with our fresh seafood offerings!

Oysters (half / one dozen) \$19.80 / \$37.60

Salmon & Tuna Sashimi Platter \$22.80

Every Friday, from 6.30pm onwards

**Available at our live station at Main Lounge
& all other F&B outlets except The Padang Restaurant**

Not available on Public Holidays and Club Events.
Photo for illustration purpose only; actual products may vary.

INDIAN KITCHEN

SPECIALS
Fridays, 6pm onwards

MARCH

1 March

Curry Leaves Chicken

Served with Coconut Rice
& Mango Pickle
\$13.00

8 March

Mutton Kofta Curry

Served with Saffron Rice
& Onion Raita
\$14.00

15 March

Tenggiri Fish Biryani

Served with Dalcha & Achar
\$15.00

22 March

Kambing Soup

Served with Toasted
Baguette & Fried Shallots
\$10.80

APRIL

5 April

Ayam Masak Merah

Served with Nasi Kunitz
and Achar
\$14.50

12 April

Ikan Masak Lemak Chilli Padi

Served with Ikan
Masak Lemak Chilli Padi
\$14.00

26 April

Kambing Soup

Served with Toasted
Baguette & Fried Shallots
\$10.80



CAKE OF THE MONTH

\$49
PER KG



Mangonosa Milk Chocolate Vanilla Cremeux & Almond Dacquoise

Visit The Oval & Verandah or call 6338 9271 Ext: 373 to place a cake order for your special occasion or birthday celebration!

OVAL DAILY SPECIALS

MARCH

Monday 4, 11, 18, 25 March

Mutton Biryani, or
Oven-roasted Striploin with
Vegetables & Potatoes, or
Pink Leg Prawn Noodle Soup
with Fresh Clams

Tuesday 5, 12, 19, 26 March

SCC Laksa, or
Pan-fried Seabass Fillet with Lemon
Dill Sauce, Vegetables & Potatoes, or
Butter Chicken Masala with
Mixed Vegetables & Naan

Wednesday 6, 13, 20, 27 March

SCC Chicken & Egg Curry
with Steamed Rice, or
Roast Leg of Lamb with Vegetables
& Potatoes, or
Fish Tikka with Mint Chutney,
Mixed Vegetables & Naan

Thursday 7, 14, 21, 28 March

SCC Chicken Rice, or
Baked Salmon with Vegetables
& Potatoes, or
Palak Chicken with Vegetables
& Brown Rice

Friday 1, 8, 15, 22 March

Fish Moolie with Steamed Rice, or
Grilled Chicken Chop with
Vegetables & Potatoes, or
Channa Masala with Stir-fried
Vegetables & Chapatti

Saturday 2, 9, 16, 23, 30 March

SCC Laksa, or
SCC Chicken Rice, or
Mock Mutton Curry with
Vegetables, Mango Chutney
& Naan

Sunday 3, 10, 17, 24, 31 March

Chicken Biryani

APRIL

Monday 1, 8, 15, 22, 29 April

Mutton Biryani, or
Braised Duck Leg with Orange
Sauce, Vegetables & Potatoes, or
Pink Leg Prawn Noodle Soup
with Fresh Clams

Tuesday 2, 9, 16, 23, 30 April

SCC Laksa, or
Pan-fried Seabass Fillet with Lemon
Dill Sauce, Vegetables & Potatoes, or
Butter Chicken Masala with
Mixed Vegetables & Naan

Wednesday 3, 17, 24 April

SCC Chicken & Egg Curry
with Steamed Rice, or
Grilled Dory Fish with Vegetables
& Potatoes, or
Fish Tikka with Mint Chutney,
Mixed Vegetables & Naan

Thursday 4, 11, 18, 25 April

SCC Chicken Rice, or
Baked Salmon with Vegetables
& Potatoes, or
Palak Chicken with Vegetables
& Brown Rice

Friday 5, 12, 19, 26 April

Fish Moolie with Steamed Rice, or
Breaded Pork Loin with Vegetables,
Apple Chutney & Cheese Cream
Sauce, or
Channa Masala with Stir-fried
Vegetables & Chapatti

Saturday 6, 13, 20, 27 April

SCC Laksa, or
SCC Chicken Rice, or
Mock Mutton Curry with Vegetables,
Mango Chutney & Naan

Sunday 7, 14, 21, 28 April

Chicken Biryani



Palak Chicken

On public holidays, the Daily Set Lunch option at The Oval & Verandah will only be SCC Laksa.

DINNER SPECIALS

FOOD & BEVERAGE

AT THE OVAL & VERANDAH

Available 6pm onwards

MARCH



Paccheri Boscaiola
*Pasta Paccheri with Ground Pork and
Porcini Mushroom in Truffle Cream Sauce*
\$16.50

APRIL



Vegan Broccoli Beancurd with Garden Vegetables
*Broccoli Bean Curd, Sautéed Quinoa
with Picante Sauce*
\$14.50



Stir-fried Seafood Glass Noodle
With Prawns, Fish Fillet, Flower Squid and Chives
\$12.50



Steamed Red Snapper Fillet in Superior Soy Sauce
*Served with Fried Ginger Floss, Spring Onions
and Red Chilli*
\$17.00



Vegetarian Mock Mutton Biryani
Served with Mango Salad & Vegetable Curry
\$13.00



Tenggiri Fish Tikka
Served with Garlic Naan & Cucumber Salad
\$14.00

Easter Sunday Lunch Buffet

Sunday, 31 March 2024

Adult: \$88 / Children: \$39

(6 – 12 years; no charge for children 5 years & below)

**Add \$80 for free-flow champagne,
housepour wines, Tiger beer & soft drinks**

*Kids A La Carte Menu available upon request.

SALADS

Orange Spinach Salad (V)

Orange Segments, Olives, Cherry Tomatoes,
Red Onions, Tortilla Chips, Sunflower Seeds,
Orange Vinaigrette

Potato Quail Egg Salad

Apple, Crispy Garlic, Edamame Bean, Chives, Mayo

Oriental Century Egg with Silken Tofu

Pickled Ginger, Garlic, Cilantro, Scallion,
Sesame Oil Soy Dressing

Citrus Marinated Gravlax Salmon with Salmon Roe

Wasabi Aioli

Mesclun Farm Pick Greens (V)

Tomatoes, Corn Kernels, Cucumber,
Lemon Vinaigrette, Sesame Dressing

Classic Caesar Salad (P)

Quail Eggs, Anchovies, Bacons,
Brioche Croutons, Parmesan Cheese Petals,
Homemade Caesar Dressing

SOUP OF THE DAY

Hot & Sour Soup with Quail Egg

CHILLED SEAFOOD GALORE ON ICE

Tiger Prawns, Tasmanian Mussels, Freshly Shucked Hugo Oysters

Condiments: Tabasco, Cocktail Sauce
& Lemon Wedges

BUTCHER BLOCK CHARCUTERIES

Prosciutto Ham, Paprika Lyoner, Chicken Roll, Black Forest Ham

Condiments: Cornichons, Olives & Pearl Onions

BRUNCH EUROPEAN CHEESES BOARD

Brie de Meaux, Comte AOP Rivoire, Camembert la Fermiere, Sainte-Maure, Manchego, Bleu d'Auvergne, Tomme with Black Truffle

Accompaniments: Grapes, Dried Fruits,
Mixed Nuts, Rainbow Olives & Table Crackers

CHEF IN ACTION CARVERY

Garlic Roast Black Angus Striploin

Brown Sauce, Horseradish, Mustard

Oriental Spice Herb Rubbed Boneless Lamb Leg

Mint Jelly, Smoked Mustard

Five Spice Crackling Roast Pork Belly

Hollandaise Sauce

EASTER EGG STATION

Sous Vide Onsen Egg with Shaved Fresh Black Truffles and Caviar on Sesame Soy Dressing

With Toasted Focaccia

MAINS

Mini Easter Eggs

Avruga Caviar, Tobiko & Keta
Caviar on Truffle-Infused Scrambled Eggs

Salted Egg Crispy Chicken Karaage

Baked Emperor Snapper with Chilli Jam

White Wine-Chili Short Little Neck Clams

Salt Baked Seasonal Root Vegetables (V)

Parmesan Cheese Scalloped Potato (V)

Sauteed Australian Brussels Sprouts (V)

Swiss Mushrooms Creamy Orecchiette Pasta (V)

PADANG PASTRIES & SWEETS

Carrot Hazelnut Cake w Sour Cream Custard

Easter Rice Pudding

Vanilla Crème Brulee Tart

Mango Passion Fruit Pannacotta with Raspberry

Strawberry Pavlova with Easter Egg

Hot Cross Bun

Tropical Fresh Cut Fruits Platter

COFFEE & TEA

- Reservations on first-come-first-serve basis; terms and conditions apply.
- For reservations and enquiries, please contact The Padang Restaurant at 6338 9271.
- A confirmation email will be sent to you once the booking has been processed within 3 working days of the date of reservation.
- Cancellation of reservations must be made in writing and received by the Club no later than 48hrs prior to the date of the event. Please note that the full amount will be charged for cancellations made after the cancellation cut-off date. A no-show charge of the full amount will apply for no-show on the date of the event. In the event of a reduction in the final number of confirmed pax after the cancellation cut-off date, the full charge will be levied.
- The Restaurant reserves the right to choose an alternative seating arrangement within the restaurant to accommodate your booking.



SCC EASTER EGG HUNT 2024

Bring your kids for an egg-citing afternoon
of activities this Easter Sunday!

Member:
\$25 per child

Guest:
\$40 per child

*Suitable for
children 4 – 12
years old

Sunday, 31 March | 12.30pm – 4pm



Time	Venue	Programme
12.30pm – 1pm	Gilmour Room	Easter Crafts
1pm – 1.30pm		Bubble Show
1.30pm – 1.50pm		Easter Egg Hunt
1.50pm – 2.10pm		Bubble Photo-Taking Opportunity
2pm – 4pm	Deli Verandah	Face Painting Station <i>*(complimentary)</i>



Registration Link: <https://bit.ly/scceasteregghunt24>

Registration Deadline: Friday, 22 March 2024

For any cancellation after the registration deadline, full ticket price applied.

For more information, email eventsdept@scc.org.sg.

FENG SHUI & 12 ANIMAL ZODIAC FORECAST TALK 2024 BY MASTER DAVID TONG*Monday, 29 January 2024*

During this full-house event, Master David shared what the key Feng Shui principles are, including the five elements - wood, fire, earth, metal and water – and explained how each element plays a role in enhancing the positive energy flow within a space.

He also highlighted the importance of symbolism and placement in Feng Shui. Objects with positive associations, such as plants, mirrors or symbols of prosperity, were discussed in terms of their strategic placement to amplify positive energy.

Wrapping up the talk, Master David presented the 12 Animal Zodiac Forecast for 2024. The predictions for the Chinese Zodiac covered various life aspects like career, relationships, health and overall well-being. These traditional Chinese astrology and cultural beliefs serve as a way for many to plan for the future.

Members also had an engaging discussion with Master Tong sharing their own experiences.



SATURDAY LIVE BAND THAT'S LIFE

2 March – 27 July 2024
8pm – 11.45pm | Main Lounge

*SCC's crowd favourite band
"That's Life" is back!*

Catch them live from March to July.
Enjoy your favorite songs, hit the
dance floor and let the music move you!

Come join us at the Main Lounge
every Saturday from 8pm.

Don't miss out!



For more information, please email us at eventsdept@scc.org.sg.

SCC LUNAR NEW YEAR 2024 CELEBRATION

Friday, 16 February 2024

SCC welcomed the Lunar Year of the Dragon with lion blessings in our offices and clubhouse, and fun activities for all – including palm reading, Chinese calligraphy on fans, muah chee and dragon bread candy live stations and live band performances by Cherry Head. The highlight of the event was the lion dance performance on poles by World Lion Dance 2023 Champion, Yiwei Athletic Association – a thrilling show that delighted our members and their family and friends!



Member Engagement Event



SCC Kayak Clean Up

The key to a cleaner planet is in your hands.

Saturday, 16 March 2024

8am – 10am | Lower Seletar Water Centre

Registration Fee (non-refundable): Members: \$35 | Guest: \$40

Come join us for a 2-hour Kayaking N Kleaning experience at Lower Seletar Water Centre. Immerse yourself in all nature has to offer while conserving our environment.

At our last session we collected about 10kg of trash; together let's exceed that mark!



Registration Link: <https://bit.ly/SCCkayakcleanup>
Registration Deadline: Friday, 1 March 2024 before 12pm.
For more information, email memberengagement@scc.org.sg.

Terms and Conditions:

A minimum of 4 participants are required to conduct the session. The full ticket price will be charged for cancellations made after the registration deadline date and time. Minimum age: 7 years old (*and able to fit the PFD*). Patrons under the age of 13 must be accompanied by a responsible supervising adult (*age 18 and above*) in the same double kayak.

Member Engagement Event



SCC Beach Clean Up

Everyone has an important part to play in Singapore's sustainability journey.

Join us for a meaningful morning contributing to our community and keeping public spaces clean by clearing litter and rubbish; mark your calendar and register for our next event!

Date: Saturday, 6 April 2024

Time: 9am to 11am

Meeting Point: Coney Island Park (Main Entrance)



Registration Link: <https://bit.ly/SCCbeachcleanup>
Registration Deadline: Friday, 29 March 2024, 5pm
For more information, email memberengagement@scc.org.sg.

Minimum of 4 participants to carry out the session.



SCC Skincare Workshop

(Lotion & Balm)

Date: Sunday, 14 April 2024

Time: 12pm – 2pm

Venue/Meeting Point:
Sugar & Spice Singapore
8 Ubi Road 2, #03-10
Singapore 408538

Member: \$115 per person

Guest: \$125 per person

(Registration Fee non-refundable)

Inclusive of GST



A step-by-step personalised skincare workshop that provides you with the basic knowledge of making natural skincare products from scratch using all organic and natural ingredients, and helps you customise the moisturising level and scents to your own liking.

A fun hands-on experience not to be missed!

What you'll make & bring home:

- 1 x 250ml of handmade body lotion
- 1 x 15g of handmade moisturising balm
(good for skin & heels)



A minimum of 5 participants is required to conduct the session.



Registration Link: <https://bit.ly/SCCSkincareWorkshop>

Registration Deadline: Monday, 1 April 2024, 12pm.

The full workshop price will be charged for cancellations made after the registration deadline date and time.
For more information, email memberengagement@scc.org.sg.

MARCH

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<div>St. Patrick's Day Specials</div> <div>Available at all outlets except The Padang Restaurant</div> <div>1 – 17 March 2024</div>				<div>Indian Kitchen Specials</div> <ul style="list-style-type: none">• From 6pm <div>Seafood Friday</div> <div>Available at All Outlets except The Padang Restaurant</div> <ul style="list-style-type: none">• From 6.30pm <div>St. Patrick's Day Promotion:</div> <div>Available at all outlets except The Padang Restaurant</div>	<div>2</div> <div>SCC6S</div> <div>SINGAPORE CRICKET CLUB</div> <div>HOCKEY SIXES</div>	<div>3</div>	
<div>Happy Hour Mondays!</div> <ul style="list-style-type: none">• Men's Bar• 5.30pm – 8.30pm	<div>4</div>	<div>5</div>	<div>6</div> <div>Afternoon Tea</div> <ul style="list-style-type: none">• Main Lounge and The Oval & Verandah• Available Daily• 3pm – 5.30pm <div>Wednesday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 7.30pm – 9.30pm	<div>7</div>	<div>8</div> <div>Indian Kitchen Specials</div> <ul style="list-style-type: none">• From 6pm <div>Seafood Friday</div> <div>Available at All Outlets except The Padang Restaurant</div> <ul style="list-style-type: none">• From 6.30pm	<div>9</div> <div>SCC Glass Blowing Workshop</div> <ul style="list-style-type: none">• 11am – 1.30pm• Tombleak Workshop Blk B, #10-22, 7 Mandai Link (Mandai Connection BLOCK B) Singapore 728653 <div>Saturday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 8pm – 10.45pm	<div>10</div> <div>Sunday Brunch</div> <ul style="list-style-type: none">• The Padang Restaurant• 12pm – 3pm
St. Patrick's Day Promotion: Available at all outlets except The Padang Restaurant							
<div>Happy Hour Mondays!</div> <ul style="list-style-type: none">• Men's Bar• 5.30pm – 8.30pm	<div>11</div> <div>Hawker Delights</div> <ul style="list-style-type: none">• The Oval & Verandah• 6pm – 10pm	<div>12</div>	<div>13</div> <div>Carvery Lunch</div> <ul style="list-style-type: none">• Main Lounge• Available on Weekdays• 12pm – 2.30pm <div>Wednesday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 7.30pm – 9.30pm	<div>14</div>	<div>15</div> <div>Indian Kitchen Specials</div> <ul style="list-style-type: none">• From 6pm <div>Seafood Friday</div> <div>Available at All Outlets except The Padang Restaurant</div> <ul style="list-style-type: none">• From 6.30pm	<div>16</div> <div>SCC Kayak Clean Up</div> <ul style="list-style-type: none">• Lower Seletar Water Centre• 8am – 10am <div>Saturday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 8pm – 10.45pm	<div>17</div> <div>Sunday Brunch</div> <ul style="list-style-type: none">• The Padang Restaurant• 12pm – 3pm
St. Patrick's Day Promotion: Available at all outlets except The Padang Restaurant							
<div>Happy Hour Mondays!</div> <ul style="list-style-type: none">• Men's Bar• 5.30pm – 8.30pm	<div>18</div>	<div>19</div>	<div>20</div> <div>Afternoon Tea</div> <ul style="list-style-type: none">• Main Lounge and The Oval & Verandah• Available Daily• 3pm – 5.30pm <div>Wednesday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 7.30pm – 9.30pm	<div>21</div>	<div>22</div> <div>Indian Kitchen Specials</div> <ul style="list-style-type: none">• From 6pm <div>Seafood Friday</div> <div>Available at All Outlets except The Padang Restaurant</div> <ul style="list-style-type: none">• From 6.30pm	<div>23</div> <div>Saturday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 8pm – 10.45pm	<div>24</div> <div>Sunday Brunch</div> <ul style="list-style-type: none">• The Padang Restaurant• 12pm – 3pm
<div>Happy Hour Mondays!</div> <ul style="list-style-type: none">• Men's Bar• 5.30pm – 8.30pm	<div>25</div>	<div>26</div> <div>Hawker Delights</div> <ul style="list-style-type: none">• The Oval & Verandah• 6pm – 10pm	<div>27</div> <div>Carvery Lunch</div> <ul style="list-style-type: none">• Main Lounge• Available on Weekdays• 12pm – 2.30pm <div>Wednesday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 7.30pm – 9.30pm	<div>28</div>	<div>29</div> <div>GOOD FRIDAY</div>	<div>30</div> <div>Saturday Live Band</div> <ul style="list-style-type: none">• Main Lounge• 8pm – 10.45pm	<div>31</div> <div>Easter Sunday Lunch Buffet</div> <ul style="list-style-type: none">• The Padang Restaurant <div>Easter Egg Hunt 2024</div> <ul style="list-style-type: none">• Gilmour Room & Deli Verandah• 12.30pm – 4pm

APRIL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Happy Hour Mondays! • Men's Bar • 5.30pm – 8.30pm	2 Happy Hour Mondays! • Men's Bar • 5.30pm – 8.30pm	3 Afternoon Tea • Main Lounge and The Oval & Verandah • Available Daily • 3pm – 5.30pm Wednesday Live Band • Main Lounge • 7.30pm – 9.30pm	4	5 – 7 APRIL 2024 THE PADANG, SINGAPORE 		
8 Happy Hour Mondays! • Men's Bar • 5.30pm – 8.30pm	9 Hawker Delights • The Oval & Verandah • 6pm – 10pm	10 HARI RAYA PUASA Wednesday Live Band • Main Lounge • 7.30pm – 9.30pm	11	12 Indian Kitchen Specials • From 6pm Seafood Friday • Available at All Outlets except The Padang Restaurant • From 6.30pm	13 Saturday Live Band • Main Lounge • 8pm – 10.45pm	14 SCC Skincare Workshop (Lotion & Balm) • Sugar & Spice Singapore 8 Ubi Road 2, #03-10 Singapore 408538 • 12pm – 2pm Sunday Brunch • The Padang Restaurant • 12pm – 3pm
15 Happy Hour Mondays! • Men's Bar • 5.30pm – 8.30pm	16 Happy Hour Mondays! • Men's Bar • 5.30pm – 8.30pm	17 Carvery Lunch • Main Lounge • Available on Weekdays • 12pm – 2.30pm Wednesday Live Band • Main Lounge • 7.30pm – 9.30pm	18	19 SCC Hari Raya Puasa Celebration 2024 Kampong Night • From 6pm	20 SCC Sports Awards • The Padang Restaurant, Gilmour Room & Terrace • Cocktails from 7pm • Award Ceremony at 7.30pm	21 Sunday Brunch • The Padang Restaurant • 12pm – 3pm
Administrative Professionals' Week: The Padang Restaurant, 12pm – 3pm						
SCC Hari Raya Puasa Kampong A La Carte Specials: The Oval & Verandah, Courtyard, 6pm onwards						
22 Happy Hour Mondays! • Men's Bar • 5.30pm – 8.30pm	23 Hawker Delights • The Oval & Verandah • 6pm – 10pm	24 Afternoon Tea • Main Lounge and The Oval & Verandah • Available Daily • 3pm – 5.30pm Wednesday Live Band • Main Lounge • 7.30pm – 9.30pm	25	26 Indian Kitchen Specials • From 6pm Seafood Friday • Available at All Outlets except The Padang Restaurant • From 6.30pm	27 Saturday Live Band • Main Lounge • 8pm – 10.45pm	28 Sunday Brunch • The Padang Restaurant • 12pm – 3pm
Administrative Professionals' Week: The Padang Restaurant, 12pm – 3pm						
29 Happy Hour Mondays! • Men's Bar • 5.30pm – 8.30pm	30	 Administrative Professionals' Week Lunch The Padang Restaurant 15 April – 26 April 2024 12pm – 3pm				

All information accurate at time of print but may be subject to change.

INTERSECTION QUIZ NIGHT 2024

Wednesday, 17 January 2024

2024 January Intersection Quiz Night was a massive hit with a total of 16 teams comprising 11 Section and 2 non-section teams joining us at The Padang Restaurant; due to overwhelming response, the event space was extended into the Gilmour Room.

Hosted by our Gamemaster James Harvey, the teams had a challenging but exciting time trying to answer the trivia questions that he also curated – these ranged from news headlines, sports to guessing song titles.

At the end of the night, the winning team was rewarded with a section trophy and \$100 F&B credits to their section. The 1st and 2nd runner ups received \$50 and \$30 F&B credits respectively awarded to their Sections. A bottle of wine was also awarded to the teams with the highest score for each round. Carrying on the tradition set last year, the Section with the lowest score walked away with a wooden spoon each to acknowledge their efforts and participation.

Round Winners:

- Round 1 – The Parakeets (Tennis)
- Round 2 – GOBS
- Round 3 – Rugby Section
- Round 4 – The Super Spreader (Football Section)
- Round 5 – Sat XI (Cricket Section)
- Round 6 – Squishy (Squash Section)

Overall, it was a successful event organized by the Members Engagement Subcommittee. We encourage you to participate in the monthly Quiz Night; for more information, please email memberengagement@scc.org.sg.



Winner – Sticky Wicket (Cricket Section)



1st runner – Rugby Section



2nd runner – Squishy (Squash Section)



Wooden Spoons Winner



SCC NATURE TRAIL WALK

Saturday, 30 December 2023

The very last Nature Trail Walk for 2023 was led by GC member Mr. Jon Robinson. Our members set out from the Punggol Point car park and walked towards Coney Island, enjoying the scenic views of the Punggol waterway stretching out into the horizon. After entering Coney Island, members got to explore the flora and fauna of the land and relax with views of the sea.



SCC PICKLEBALL INTEREST GROUP

Sunday, 3 December 2023

SCC Members participated in the Pickleball Year-End Smash 2023 held at Bukit Canberra and organized by ActiveSG, facing off against teams from various clubs and some of the top players in the sport.

Despite being a newly formed interest group, our SCC members displayed impressive skills and determination, putting up a good match against the opponents. The competition was fierce, with teams from all clubs showcasing their best talents.

While we may not have advanced to the next rounds, we are incredibly proud of our team's performance, and this tournament has undoubtedly strengthened the friendship within our pickleball community.

Thank you to all the members who participated and gave their best on the courts. We look forward to more exciting pickleball activities this year.



SCC INAUGURAL SOCIAL NIGHT CYCLING RACE

Monday, 11 December 2023

Our inaugural night ride was a fantastic journey through the city along Orchard Road, where we soaked ourselves in the Christmas spirit. A special thank you to our member, John, for planning and leading the ride. Thank you to all the members who joined us as well and we look forward to more exciting rides in the future.



Member Engagement Event

SCC CYCLING CLUB

Embark on a cycling adventure with SCC Cycling Club, where we cater to riders of all levels! Whether you are a casual cyclist or looking for something more challenging, our group has a ride for everyone.

1st Saturday of every month: Social Rides @ 7am

(All are welcome to join)

**3rd Saturday of every month:
Intermediate Rides @ 6am**

For more information, email memberengagement@scc.org.sg.

SCC STAND-UP PADDLE

Saturday, 13 January 2024

It was a fun and exciting Saturday morning for the seven SCC members and their guests that gathered at Changi Coast NSRCC Sea Sports Centre. The instructors from Constantwind briefed the participants on the basics of Paddle Boarding. The instructors then did a water test, and the participants were out to paddle board by themselves. Overall, everyone enjoyed themselves and said that they would do this activity again.



SINGAPORE CRICKET CLUB
PRESENTS

SCC SOCCER 7S

AT THE PADANG

HERITAGE

CAMARADERIE

SPORTSMANSHIP

THE TOURNAMENT FIRST BEGAN IN 1988 AND THE 2024 EDITION MARKS
THE 30TH ANNIVERSARY OF THIS PRESTIGIOUS EVENT WHICH WILL BE HELD ON THE
HALLOWED PADANG, RECOGNIZED BY MANY AS THE BEST GRASS SURFACE IN SINGAPORE

5 – 7 APRIL 2024

Photo shot and poster designed by Zia-ul Raushan



SCC SOCCER 7s 2024 SUNRISE YOGA

Sunday, 7 April 2024

SCC Padang Field | 7am – 8am



COMPLIMENTARY

Experience this once-a-year special yoga event on our soft green Padang Field just as the sun rises.

Suitable for beginners, this free bring-your-own-mat session is brought to you by the SCC Soccer 7s 2024 tournament and supported and conducted by On Good Ground.



Registration Link: <http://tinyurl.com/SCCS7sYoga>

Registration Deadline: Wednesday, 3 April 2024

For more information, please contact SCC Sports Department at SportsDept@scc.org.sg

HARMONIZING HEALTH:

PHYSIO ASIA THERAPY CENTRE INTRODUCES THE ROLE OF VOCAL PHYSIOTHERAPY IN OPTIMIZING VOICE FUNCTION

Have you ever been to a concert and sang your lungs out or had back to back calls or long presentations for work and then experienced fatigue with using your voice the next day? Are you a singer, actor, broadcaster, emcee or use your voice professionally?

If you have ever experienced symptoms of Vocal fatigue, hoarseness, breathiness, changes in your vocal range or voice quality, loss of resonance, jaw issues, pain with vocalising or a sensation of a lump in your throat (especially when swallowing) – Vocal physiotherapy can help!

What is Vocal Physiotherapy?

Vocal physiotherapy, also known as laryngeal manual therapy, is a specialized form of non-invasive treatment that focuses on the physical aspects of the voice production mechanism. It involves the assessment and treatment of various vocal issues, including disorders affecting the vocal folds, surrounding muscles, and structures involved in voice production. Vocal physiotherapy involves manipulating the larynx and surrounding soft tissues that control movement of the larynx to allow for efficient vocalization/ phonation. It aims to improve vocal health, optimize vocal function, and rehabilitate individuals with muscle tension -related vocal difficulties.

Vocal physiotherapy doesn't just focus on tension in the larynx but also looks at your breath support, posture and use of core muscles to ensure that the voice production is supported by the rest of the body.

Some of the symptoms that may benefit from vocal physiotherapy include:

- Vocal Fatigue
- Loss of resonance
- Hoarseness/ breathiness
- Changes in vocal range
- Changes in voice quality
- Constriction whilst vocalising
- Tension in the neck
- Effortful swallowing
- Globus pharyngeus (sensation of lump in the throat)
- Jaw tension / TMJ issues
- Pain with voicing

A commonly asked question is – Is this the same as speech therapy? Voice physio can sometimes involve working in collaboration with a speech therapist but the two are very different. A speech therapist addresses vocal function within the context of communication and language, while vocal physiotherapists focus more specifically on the physical aspects of the vocal mechanism.



About our Vocal Physiotherapist at Physio Asia Therapy Centre

Practicing at PHYSIO ASIA Therapy Centre, Pooja is one of the Pioneer Physiotherapist specializing in Vocal Physiotherapy within Asian region. Pooja has many years of experience in this field as well as circus injuries. She holds a Masters in Performing Arts Medicine and has worked at a leading specialist clinic for Artists in London. She has done extensive work with the Royal Opera House, numerous West End shows, International and local singers and bands and performing artists from various backgrounds. She was also the physiotherapist for Mamma Mia! whilst they were touring Singapore.



Central Location

360 Orchard Road, #05-02 International Building, Singapore 238869

East Location

55 Siglap Road, #B1-19 Siglap Centre, Singapore 455871



Tel: (+65) 6736 4142

Mob/Whatsapp: (+65) 8133 5609



Facebook: <https://www.facebook.com/physioasiatherapy>



Website: www.physioasia.com



SCC Netball Academy: A Year of Remarkable Growth, Achievements, and Inclusivity

The SCC Netball Academy has emerged as a powerhouse in nurturing young netball talent, with a remarkable journey from a modest start to becoming a thriving hub for budding players. Over the past year, the academy has experienced exponential growth, expanding its enrollment from a mere 5 kids to an impressive 50 across various age groups.

One of the major milestones in the academy's journey was its inaugural participation in an overseas tournament at Marlborough College, JB Malaysia, in December 2023. The experience not only provided the young athletes with a platform to showcase their skills but also exposed them to international competition, fostering a global perspective and enhancing their overall netball prowess.

Adding to the list of achievements is the hosting of the academy's first U8 carnival, in collaboration with ANZA (Australia and New Zealand Association). The event not only celebrated the talents of the youngest members of the academy but also showcased the commitment to promoting a sense of camaraderie and sportsmanship from an early age.

The SCC Netball Academy also took a creative approach to celebrating Children's Day, organizing a delightful event at the club. Water balloons, parent-child games, and various

engaging activities made the day memorable for the young athletes, creating an environment that extends beyond the court and emphasizes the importance of fun and camaraderie in sports.



In a bid to foster friendly relations within the local netball community, the academy engaged in a friendly match with the Singapore Netball Academy (SNGA). These friendly encounters not only provide valuable playing experience but also contribute to the development of a supportive and collaborative network within the netball community.

What sets the SCC Netball Academy apart is its commitment to inclusivity. Unlike some academies that restrict membership to club members, SCC's academy is open to all, welcoming aspiring netball players from diverse backgrounds. This approach aligns with the academy's vision of providing quality coaching and fostering a love for the sport, irrespective of one's club affiliation.



As the SCC Netball Academy continues to flourish, it serves as a beacon of inspiration for young athletes, proving that with dedication, inclusivity, and a supportive community, the sky is the limit. The upcoming year holds exciting prospects for this dynamic academy, as it continues to shape the future of netball in Singapore and beyond.



January Section Games results from top left, clockwise: Winner - Jasmin; Second highest single scorer - new member Hanumanth; Lowest scorer - Evelyn Yeo; Runner Up - Renee (as always!).

SECTION GAMES

We started the 2024 Balut Calendar with a night game on 11 January which drew 37 members and two guests, including new members Ritika, Gary, Neeta, Hanumanth and Vandana. We hope our new members enjoyed themselves enough to want to attend our Section games regularly.

Results for our 1st 2024 game in January:

- Winner: Jasmin Fisher with an impressive 674 points
- Runner Up: Renee Balagopal always at the top with 663 points
- Highest single score: Rajan Menon with 153 points scored in Round 4
- Lowest score: Evelyn Yeo with 438 points

Rajan declined his prize and it was then awarded to second highest single scorer Hanumanth with 146 points in Round 1.

What a great start for a new member!

Our February game was an afternoon event on Saturday 17 February starting from 12.30pm, and this was Chinese New Year-themed.

2024 BALUT CALENDAR

The following events are scheduled in our 2024 calendar but please note these are subject to changes and as always, members will be notified by WhatsApp and email closer to each event:

March 12	Section night game at 6.30pm
March 15-16	Kinabalu Club Invitational in Kota Kinabalu, Sabah
April 13	Section AGM (11.30am) followed by Hari Raya themed Section afternoon game (12.30pm)
May 15	1st Round of Interclub Tournament hosted by SRC
May 28	Section night game at 6.30pm
June 3	Staff Appreciation Balut Event at 6.30pm
June 12	2nd Round of Interclub Tournament hosted by EA at SRC
June 15	Section afternoon game at 12.30pm
July 5-6	Sarawak Club Invitational in Kuching, Sarawak
July 17	3rd Round of Interclub Tournament hosted by Tanglin Club
July 30	Section night game at 6.30pm
August 17	Section afternoon game at 12.30pm with a National Day theme
August 21	4th Round of Interclub Tournament hosted by SCC
Sept 10	Section night game at 6.30pm
Sept 18	5th Round of Interclub Tournament hosted by Khalsa
Sept 28	Pot Game against Tanglin Club hosted by SCC
Oct 5	Section afternoon game at 12.30pm
Oct 9	Final Round of Interclub Tournament hosted by NUSS
(We will also have Padang Shield to be hosted by SRC but date is not given as yet.)	
Nov 12	Section night game at 6.30pm with a Deepavali/ Diwali theme
(The 2024 Interport will probably be in November but it is not known yet if SRC will be hosting it or if they will give hosting rights to another Club.)	
Dec 14	Christmas Party at 6.30pm

The venue for all games is the Gilmour Room except for Round 4 of Interclub Tournament on 21st August which will be at Padang Restaurant.

As mentioned, these dates and locations are subject to changes.

In drawing up this calendar, the Section Committee tried not to have too many events in any one month and we are also mindful not to have events too close to each other.



Billiards

Convenor: Peter Gilchrist | Article by: David Yim



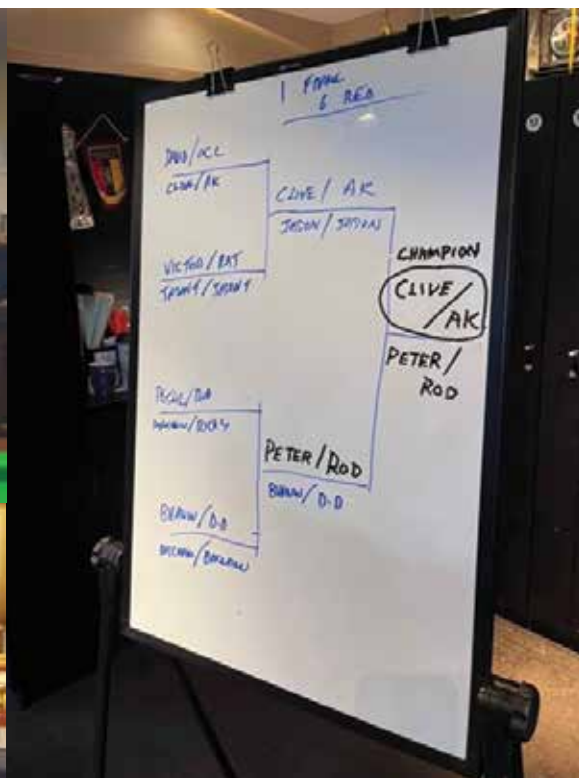
SCC B&S SECTION SNOOKER DOUBLES TOURNAMENT AND SOCIAL NIGHT

The Billiards & Snooker Section held a one-day Scotch Doubles tournament on Friday, 12 January, at the Men's Bar. This was a handicap tournament where a better player is paired with a weaker player. And the draw is from a hat.

The event was well patronized and the winning pair was Clive Cheong and Ananda Kumar.

Peter Gilchrist and Rod Murchison came in runners up.

Thank you everyone for the support and great evening.



From top left, anti-clockwise: The winners AK & Clive with markers Alfie and Winston; The finals between Peter & Rod vs AK & Clive; B&S Section members, players and supporters; Men's Bar usual residents enjoying their balut; Ex-SCC President Teh Leong leading the buffet charge; The draw table and the eventual winners.



Bowls

Convenor: Srinivasan Ramanathan | Article by: K U Menon



Top from left: National Under 25 Winners Sarah, Harriman, Kelvyna & Isaac with supporters; Fun with Bowls Kallang on 16 Dec. Bottom from left: SCC Medal Winners 2023 at Year End Bash on 16 Dec; SCC Year End Bash at Gilmour Room.

A 3rd Jan 2024 Report in The Economist carried the distressing title: "Lawn Bowls is in decline. Can it make a comeback?" The game has played a key role in Britain's social/cultural history. Indeed, the first rules of Bowls were published in 1670 long before cricket and golf. Shakespeare alluded to it, and King Henry VIII is believed to have been a keen bowler. Britain still dominates at the Commonwealth games.

With current closures and resignations, one sports historian predicts Bowls would disappear from Britain by 2050. Bowls England - the National body has launched a 5-year advertising campaign to attract new bowlers with an advertising campaign stressing that the game is easy to learn (though tough to master) and requires little by way of athleticism.

Why have I cited this report? How is it relevant to us? I do so because it highlights the difficulties Bowls Clubs everywhere are facing. In Australia we have been told time and again, rising operating costs and pressures from town councils are forcing clubs to merge or downsize to survive. At SCC we are fully cognizant that we must constantly beat the drum and explore innovative ways of expanding our pool of bowlers and especially attracting more Junior Sports members to enrich the Section. With that in mind, we truly do need support from all our members to appreciate what is at stake.

ENDING 2023 WITH A BANG

Be that as it may, the new Green at SCC was finally opened to our members, as we had promised over the last few days of December 2023. In the lead up to the new year, several events were organized in quick succession.

NATIONAL UNDER 25s AT KALLANG, 9 & 10 DEC 2023

SCC sent a contingent of five of our JSMs. Harriman & Sarah Ho were Champions in the Boys/Girls events respectively. SCC's Kelvyna was Runner up Girls whilst Isaac and Jonathan emerged as Runner up and Third in the Boys event.

FUN BOWLS BASH AT KALLANG - COMBINED CLUBS PARTICIPATION TC/ ELBC/LCLBC/ LBAD (16 DEC)

This was a SCC initiative which saw 24 bowlers, in mixed teams of Fours, in party hats and attire on the Green at Kallang. It was an enjoyable Saturday morning for all, and prizes were awarded to the fancifully dressed and best attempts rather than actual scores followed by a sumptuous lunch.

SCC YEAR END BASH (16 DEC)

That same evening, 45 members met at Gilmour Room, some in their Christmas best for our annual bash. It included a prize presentation for the winners in tournaments completed in 2023. This event was organized by our young team and included a Fun Quiz and yet another a sumptuous Christmas dinner.

30TH DEC- GREEN OPENING

Our SCC President graced the occasion with the opening roll on the new Green, our equivalent of "cutting the ribbon" and "spider challenge" followed by captain's selection bowls. Format was Triples with rink and position rotation. Dinner and drinks were provided at the Deli.



Top left corner, clockwise: New Green Opening on 30 Dec with SCC President & Bowlers; SCC President rolls first bowl on new Green; Barefoot Bowls on 12 Jan 2024 with Captain Bryan (extreme right)

BAREFOOT BOWLS 12 JAN

The second edition of this popular event went off well with a tremendous turnout, as evident from the accompanying photo. The event was initiated by Captain Bryan in 2023 and given levels of interest and enthusiasm, will be organized yet again soonest.

SCC SINGLES JAN 2024

Deferred for a year, this event saw a total of 24 men and 10 ladies participating in intense battles for the McKean Cup & W A Rose Bowl. After several weeks and lots of rain, veteran bowler Ganesh stormed his way to a well-deserved Gold (The McKean Cup, Men). In the Ladies section, a very determined and steady young JSM Sarah gave all the experienced bowlers a run for the money and secured a Gold (W A Rose Bowl, Women) after bowling for just two years or so.



SINGLES CHAMPION (MEN): GANESH RAMANATHAN

Having started my bowls playing journey in 2011, over the years, I have won the Men's Singles Plate event twice (ie Winner in the Loser's pool), and bronze medal in the Men's Singles three times. That was when I was playing more often. Not having had time to play regularly for the past year or so, and with vastly improved players in the Bowls Section, I could only rely on one main thing: playing the mental game.

Won the first game comfortably; lost the second game under continuous rainy weather; hung on to win the R16 game: played an 8.30 am QF game: then played a National Singles game a few hours later: and then returned to SCC to play and win the Singles Finals on the very same day. The body was aching. With Marker duty to do on Sunday morning at Kallang and parental duties in the early afternoon, a nice rest was needed.

But what do you do when you face an ever-young-energetic, determined opponent in the Final – just turn up and act cool! The Mental game – plus all the guidance from my mentors which I kept in mind, and encouragement from my well-wishers - helped me to stay on course and win this event for the first time. Nice! Thanks much to the organizers.



SINGLES CHAMPION (WOMEN): SARAH HO

I first took up Bowls sometime November 2021. But the past year of bowls has been so busy and fulfilling. With club and national competitions all-year round, we got so much action on the green.

In the pairs, triples, and fours National competitions, I've had the privilege of teaming up with Philo, Mrs Mary Lim and Josephine, who are such amazing and experienced players. I learnt much from them on and off the green. They taught me to always stay focused and positive no matter how the game was going. I am so honoured to have been able to share a silver and two gold medals with them!

I've also had incredible opportunities to compete internationally - the Asian Championship in Ipoh, the World Championship in Gold Coast, and the Hong Kong International Classics. It's been mind-blowing competing at an international level and watching legends whom I've only seen online, playing in real life. On foreign Greens, the steep learning curve challenged me to grow my skills and adapt fast. It gave me a good gauge to see how I fared against players worldwide, inspiring and motivating me to keep improving myself. I enjoyed also finding new friends overseas, talking to players, coaches and umpires and trading stories.

My latest achievement in the SCC Singles in January 2024 has been the icing on the cake! All of this would not have been possible without my parents, BSG and my fellow SCC members who have always been so supportive of me. I'm so thankful for everything that they have given me and all the opportunities I've had in the last two years of playing competitively.





Darts

Convenor: Charles Shanmugaraj | Article by: Jude Tan | Photos: Louisa Fernandez



We started the year 2024 with good momentum – team practice continues every Monday at the Men's Bar, so that we will be well prepared for the Pot Game in 2024. Please do drop by if you are free for some practice and great company.

Our first monthly Section meeting saw a good turn out from members. We continue to take in feedback and improve on the games format, and will be introducing some new features soon. We continue to identify darters with good potential to train and to take part in Inter-club events on behalf of the SCC – please do let us know if you are keen to participate.

On the subject of Intersectionals, we fielded a Womens Team for the Golf Simulator Inter-Sectionals, where our lady darters managed to hold our own against some of the other Sections.

The Intersection Quiz Night saw us field a team of six. The team had great fun pitting their knowledge against other teams from the SCC.

WHAT IS NEXT FOR THE SECTION

The committee will be arranging a coach on an alternate month's basis in 2024 during our Section meets, to help our members appreciate the finer art of darts. The coach will also help our competitive darters in further refining their techniques for our Inter-Club events.



First row, from left: Convenor Charles welcoming our new member Capt (Ret) William; Members having fun in our team event; Celebrating our January babies – Renee and Fathima. Second row, from left: The winning team of the evening. Third row: Our Darts team at the Intersection Quiz Night. Bottom: Our lady darters at the Golf Inter-Sectionals

We plan to have an Inter-Club friendly with Serangoon Gardens Country Club. Do look out for the details and let us know if you are keen to participate.

Planning is also underway for an overseas meet with some of our reciprocal clubs in Penang. We will announce the details in due course.



Hockey

Convenor: Intekhab Khan | Article by: Kanan Packrisamy

Only two months into 2024 and we have a whole lot of updates and three titles!

As has been the case for a number of seasons, we have two teams featuring in the National Junior League 1 (NJL 1): one boys' team and one girls' team. Our girls are hoping for a three-peat following consecutive wins in 2022 and 2023. The girls came from a goal down to beat VJC on 25 February to seal the deal. Their achievement is remarkable considering their average age of 15 in a U19 league. Equally impressive is that over the last three years, this one included, they have now won all 20 of their matches in the Girls NJL1.

The Boys in the meantime who won the title in 2022, albeit in its abridged 4v4 format are still finding their feet in the league, having faced a reshuffle in the squad from last season. They did claim a morale boosting 7-0 win over Jansenites following a 4-1 defeat against title contenders VJC. However a 5-0 reverse against eventually champions ORA and a heart wrenching but hugely credible 0-0 draw against St Andrews Alumni meant the boys finished in an improved 4th place as compared to last season's 5th. They are primed for a medal next season.

The Men's Hockey League 1 (MHL1) and Women's Hockey Leagues 1 and 2 (WHL1 and 2) are quickly approaching. The teams are in active preparation for the league start which will be right after the SCC Hockey6s Tournament. All three teams have been recruiting and rebuilding to be title contenders on all three fronts, and training hard on Mondays and Thursdays from 8pm to 10pm at Delta Hockey Pitch and MOE Evans Road respectively. The teams have been put through their paces by coach Kanan and he is of the view that they are finding their rhythm and will be hitting their stride when the leagues commence.

With our beloved Padang very much sought after by various event organisers, we have been lucky and restarted our weekly social hockey on every Tuesday from 5.45pm till dark and will continue to do so while we can. Our Masters and 6s aspirants have been given priority but all have been welcome thus far.

Finally, we bear more good news as our junior girls also claimed the United World College (UWC) Rudy Beck Tournament Girls title with a win over UWC in the final. The Hockey SCSchool finished a credible third. In the Boys category, the Hockey SCSchool won the title by beating fellow academy Dover Phoenix 3-1. UWC claimed the bronze. We'll have more updates for you in the next edition. Till then, see you lot at the social held last Friday of each month.



Top: Hockey SCSchool UWC Rudy Beck Boys Tournament Champions. Second row, from left: SCC Girl's NJL1 Champions 3 years in a row; SCC Girls UWC Rudy Beck Girls Tournament Champions; Lucy Boa, Girls NJL1 Top Scorer. Bottom row: Players, family and supporters at UWC Rudy Beck Tournament.



Football

Convenor: Glyn Vince | Article by: Selvendhran Kaliyanasontrom



RESILIENCE AND YOUTHFUL BRILLIANCE: OUR SFL TEAM'S REMARKABLE RETURN TO DIVISION 1

In the pulsating world of SFL Division 1 football, our team's triumphant return echoed with the vigor of seasoned warriors. Led by the indomitable Captain Chang Guo Guang, whose prolific goal-scoring prowess and invaluable contributions earned him the dual title of top goalscorer and most valuable player, our journey was nothing short of a captivating saga.

Despite our hiatus, it seemed as if we had never left. The season unfolded under the adept guidance of Head Coach Steven Tan, and the astute managerial duo of Tan Kim Leng and Kian Ann. Their collective wisdom not only steered the ship but also fuelled the flame of excitement that burned brightly within the youngest squad in the league.

A spirited 4th-place finish in the standings speaks volumes about the resilience embedded in the core of our team. The race for the second spot may have been narrowly missed, but our presence in the top tier is a testament to our determination to make every match an electrifying spectacle.

As we set our sights on the future, the fusion of experience and youth promises an exhilarating journey ahead. Stay tuned as our dynamic team aims to redefine the meaning of excitement in SFL Division 1 football!

TIGERS UNLEASHED: CAPTAIN PETER RAJ, SUPPORTED BY ASHWIN TIWARI AND SUDHERSHEN HARIRAM, LEAD THE CHARGE FOR A PROMISING FUTURE

In the dynamic realm of the Equatorial Football League, our Tigers team has undergone a striking transformation, unveiling a revamped look that is set to redefine the league's landscape. The driving force behind this resurgence is none other than our determined Captain, Peter Raj, whose leadership on and off the field has become the catalyst for our team's newfound vigor.

Supporting this formidable squad are the astute managers, Ashwin Tiwari and Sudhershén Hariram. Their combined expertise has seamlessly blended experience with youthful exuberance, creating a dynamic playing style that positions us as a formidable force in the league. With each match, this young squad is leaving an indelible mark, proving that age is just a number when it comes to skill and determination.



As we navigate the challenges of the season, the sky seems to be the only limit for this promising side. The triumvirate of Captain Peter Raj and managers Ashwin Tiwari and Sudhershén Hariram, with their unique perspectives and strategic acumen, is propelling the Tigers toward a future where success knows no bounds. Keep an eye on this resurgent team as they carve their path to greatness in the Equatorial Football League.

SCC 045 MAINTAINS MOMENTUM IN MASTERS LEAGUE TITLE DEFENSE

The SCC 0-45 team is on a determined path to defend their champions' status in the Masters League, showcasing their prowess with a well-earned victory over title challengers CBD Wanderers. In a highly anticipated match, SCC 0-45 emerged victorious with a commanding 2-0 win, sending a clear message to their competitors that they are a force to be reckoned with.

The match was nothing short of intense, with both teams displaying skill and determination from the kickoff. However, it was SCC 0-45 who seized the early momentum, thanks to a spectacular goal from Keong. His goal, a contender for goal of the season, not only set the tone for the match but also ignited the spirits of his teammates and supporters alike.



Throughout the game, SCC 0-45 exhibited a level of discipline and composure that reflected their experience and expertise in the league. Their defense held firm against the relentless attacks of CBD Wanderers, while their midfield controlled the tempo of the game, dictating play and creating scoring opportunities.

As the match progressed, SCC 0-45 continued to assert their dominance, eventually doubling their lead with another well-executed goal. The team's cohesion and chemistry were evident on the field, as they seamlessly executed their game plan with precision and finesse.

Despite facing a formidable opponent in CBD Wanderers, SCC 0-45 remained focused and determined until the final whistle, securing a crucial victory in their quest to retain the league title. With each win, their confidence grows, and the race for the championship becomes even more intense.

As the season progresses, all eyes will be on SCC 0-45 as they strive to maintain their winning streak and cement their status as the team to beat in the Masters League. With their combination of skill, strategy, and sheer determination, they are poised to leave a lasting impression on the league and etch their names in the annals of football history.

CHAMPIONING GLORY: A CULMINATION OF TRIUMPHS AT OUR FOOTBALL SECTION DINNER - FROM GOLDEN MOMENTS TO SHARED VICTORIES, UNVEILING THE TAPESTRY OF SUCCESS.

In the radiant glow of camaraderie and accomplishment, our Football Section Dinner unfolded as a tapestry of triumphs. It was a night where the air was filled with the clinking of awards and the joyous cheers of teammates, celebrating a season woven with golden moments.

From top scorers to unsung heroes, every player's dedication was recognized, creating an atmosphere where success wasn't just acknowledged; it was shared and cherished. As the awards glittered, so did the spirit of our united team, forging memories that will resonate far beyond the night – a testament to the indomitable spirit of our Football Section.

RAVI'S LEGACY: A LIFETIME OF DEDICATION TO EXCELLENCE IN OUR FOOTBALL SECTION

In the realm of our Football Section, there exists a figure whose influence transcends the boundaries of the pitch. Ravi Krishnan, a visionary leader and passionate enthusiast, has left an indelible mark, shaping our Football Section into a powerhouse of excellence. It is with great honor and admiration that we celebrate Ravi, who has not only dedicated his time but has garnered the Section's prestigious Lifetime Award for his invaluable service.

Ravi's journey with our Football Section is nothing short of a saga. His commitment to the sport has been unwavering, and under his guidance, our Section has flourished into a dynamic and thriving community. As the architect of our Football success, Ravi's vision extended beyond the field, creating an environment that fosters camaraderie, sportsmanship, and a relentless pursuit of excellence.

Receiving the Lifetime Award is a testament to Ravi's enduring impact on our football community. It symbolizes not just the passage of time but the countless hours, the shared victories, and the collective spirit that he has instilled in every player, coach, and supporter. Ravi's leadership has not only elevated our Football Section but has become a cornerstone in the foundation of our sporting legacy.

As we applaud Ravi's achievements, we also look ahead with gratitude for the legacy he leaves behind. His influence will continue to reverberate through the cheers on the field, the dedication in training sessions, and the enduring spirit of a Football Section that he helped transform into greatness. Cheers to Ravi, a true maestro of our soccer story, whose lifetime of service has shaped us into the formidable force we are today.





Mahjong

Convenor: Sunita Kapoor | Article by: Soma Devi

2023 has been a good year for the Mahjong Section. We have had some movements in our Section Committee, but nothing we could not rectify.

Diana Ong the Convenor had to resign due to personal reasons, TY captain resigned due to work commitments, Kk Chua resigned due to work reasons.

We now have Sunita Kapoor as the stand-in Convenor, stand-in Captain Juliana Lim, stand-in Treasurer Soma Devi, and stand-in Secretary Sharma S. Final positions will be determined at the Section AGM.

We have had constant newcomers to our Section who are absolutely novice to the Mahjong game; however, with our friendly members, training is provided and soon they are playing independently and are enjoying themselves.

Currently we can accommodate 40 players that is 20 in the afternoon session, and 20 in the evening session. Most of the time we are quite full. The games are held in the Green Room; however, in the event we have more players interested, we will make an alternate venue to accommodate the numbers.

The Mahjong Section's annual dinner was held on 24 February in a massive celebration covering Diwali, Christmas, New Year, and Lunar New Year and including a buffet dinner along with a loh hei and wine.

The Section also took part in the Intersection Quiz night. Although pretty challenging, our participants had their ups and downs. At one time the score was 9.5/10, but dropped to 7/10; however, the score was doubled to 14 pts when they used their joker. Unfortunately, the last round was a killer. The Mahjong Section did ok, considering the team members were newbies. Overall they had a great time and enjoyed the food and drinks.

There were three top players for 2023 from a total of best six games played. They are Carolyn Chan with 5667 points, followed very closely by Katherine Li Em Kua with 2666 points and Choi Fong Wong with 5118 points. Congratulations and look forward to seeing you at the games.

The Mahjong Section invites SCC members to join our Section; not to worry, as we will provide training to absolute newcomers who have never even played Mahjong. We promise you will not regret it, and will actually sign up and love coming to play the games.

Mahjong sessions are every Wednesday at two time slots: 3pm to 6.45pm, and 7pm to 10pm.

Looking forward to you coming and joining us!



Mahjong Section's annual dinner on 24 February.



Mahjong Section team competing in the Intersection Quiz Night.





Netball

Convenor: Genevieve Guiney | Article by: Genevieve Guiney



It has been a busy few months for the Netball Section, filled with non-stop activities and new initiatives on and off the court!

Our first and second teams achieved strong and consistent results in the Singapore National League competition, showcasing their dedication to continuous improvement and passion for the game. But the excitement didn't stop there! We again ran our extremely successful SCC end of season league in which we welcomed 24 teams from various clubs across Singapore. In addition to this, our ladies and mixed teams competed in a number of other competitions and events - a highlight was our mixed team, the Falcons, win in the Bucks Mixed League.

Our annual Christmas netball competition was another highlight. With over 70 keen netballers competing in this event, the SCC courts were brought to life with an explosion of festive netball reindeers, Santas, and elves. It was a true spectacle of sportsmanship and holiday cheer. The event was a triumph, leaving everyone in high spirits heading into the holiday season.

We then kicked off the year with a bang in January, by hosting our largest and most hotly contested intersectional event ever. With teams entered by six other Sections and over 75 plus SCC members in attendance, the night united the Sections and ignited friendly rivalries! Despite strong performances by all, the Rugby Section ultimately took the intersectional title after a nail-biting finals match up against a talented Squash Section team.

In addition to this and in preparation for a triumphant 2024, the Section embarked on a comprehensive pre-season training regime, honing our skills and building our physical and mental resilience. The dedication and commitment exhibited by our players during this period has set the stage for a remarkable year ahead on court.

We also welcomed a dynamic new Committee which I am extremely proud to be leading. The new Committee promises to be a force to be reckoned with and has already hit the ground running to ensure that the Section has a jam-packed calendar of competitions, tours and socials lined up. We are also extremely

Top row: Scenes from the successful SCC Netball Intersectional Competition. Pictured are the teams registered from the Rugby, Tennis, Squash, Football, Cricket and Hockey sections.

Second row from left: Netball Section Christmas Lunch; Our First Team, the Eagles, who competed in the Singapore National League.

Third row: Our victorious Mixed Team, the Falcons, after their finals win in the Bucks Mixed League.

Fourth row: Netball Section Committee 2024-2025, from left: Henda Jones (Treasurer), Mariella Hutton (Secretary), Danielle King (Committee Member, Social Secretary), Genevieve Guiney (Convenor), Jacqueline Aiswari (JSM Representative)

Not in photo: Audi Nuraini (Captain), Rebecca Gabriel (Committee Member, Tour & Fixtures)

thankful to the outgoing convenor Ranjini Visvalingam for her tremendous contribution to the Section.

2024 is set to be a year of explosive growth and excitement for us, so watch this space and do get in touch if you or any one you know is keen to join the Section!



Rugby

Convenor: Jack Whiskin | Article by: Thomas Streatfeild-James



SCC Tankards' victory shot post-match against Bucks.

The New Year heralds many beginnings, few more important to the Section than the sharp end of the season. For some, the journey started with 7s training at Dempsey in June, for others pre-season was the warm up to their first match of the season. The Michael Oliver approach.

The regular season drew to a close on 26 January with back-to-back fixtures on a scorching Padang. In the unfamiliar 3 pm kick off came the Prem's facing a Saints team that have enjoyed a much improved season as league leaders made third. Following a close first half, physicality and hard running proved too much for the visitors and the 1st XV completed their second successive perfect record.

Onto the 5 pm kick off it was, and with refreshment in hand the support was at full strength as a powerful Tankards team took to the field to face the club's nemesis of last year's finals - The Bucks. In this must-win game, the Tankards were bolstered by the returning Bajandouh in his final season for the club, and Qicatabua partnering Osler in a vintage back row.

In the early exchanges both teams looked threatening and a physical contest was in the offing, much to the delight of the injured front-rowers Fuchs and Oliver who were beside themselves throughout.

The temperature rose and at 20-minutes boiled over when the otherwise outstanding Webster caused a near decapitation of Triumfo Sullivan as he stooped to collect a wayward pass. The resulting tackle was clearly dangerous and coach Bury, deputising at 13, expressed his displeasure in no uncertain terms and was promptly shown red (since rescinded).

An impossible task lay ahead, 60-minutes with a man disadvantage against a team that the Tankards had never beaten. The Bucks almost instantly made their advantage pay and SCC were in trouble. However, totemic captain Krishnan had other ideas and every man played his part as they forced themselves back into contention.

At the death two huge moments, which nearly saw the aggressively sunburned Wheble burst, took the Tankards to a famous victory and qualification to the knockout stages for a second season running. It also ruined the Sunday ambitions of several children of the playing squad, but that's another story.

Onto the knockout stages then, where the Section will be looking to revenge last year's defeat in the final and go one better and be crowned champions in March.



SCC Squash has had an exciting past couple of months. This month, we are featuring highlights from the Annual Triangular Tournament from back in December 2023, and the friendly match between the Singapore Squash Rackets Association (SSRA) and SCC held on 20th January this year.

TRIANGULAR TOUR: 1 – 2 DECEMBER 2023

The 27th edition of the Annual Triangular Tournament was held at The Madras Cricket Club (MCC) on 1st and 2nd December 2023.

Madras has been a good hunting ground for SCC and the last overseas win that SCC had was at the MCC in 2011. It does sound like a long time ago but since then there has been only one instance, 2016 where the host club did not win the Triangular.

The 2023 contingent was the smallest ever in the history of overseas tours. But as it's said, the strength of the team is not determined by the number but the quality of players. All the players in the team gave it their absolute best and it was one of the best overseas results we had for a while.

Over two days, Team SCC played a total of 14 matches. In our first match, the hosts fielded a very strong line up comprising of the reigning national champion and a few top national level players. While this is supposed to be a club level tournament and such players are not supposed to play, in the spirit of sports we decided to play the matches and managed to win two out of seven matches.

The next day we played CRC. Our team played excellently and won five out of seven matches. It could have been a complete whitewash and that would have definitely set the cat amongst the pigeons.

The highlight of the tournament was the doubles pairing of Sean and Rayden. A deadly left right combination with a never-die attitude caused some major upsets. Their matches were gruelling but they played brilliantly and won both their matches. As a result they were awarded the best doubles team award.

As is always the case, the hosts went all out to take care of us and laid out the red carpet. The years of friendship and camaraderie were on full display and it's a joy to see this tradition being carried on for such a long time.

It is our turn to host the event and we look forward to welcoming our guests later this year.

SCC V SSRA – 20 JANUARY 2024

SCC hosted a well-attended friendly match between us and SSRA, where SCC emerged victorious with an 8-3 win. SSRA sent a strong contingent of national team juniors, but SCC stepped up to the challenge and fielded evenly matched players of our own. The objective of the friendly was to have good games all round, and have players from both teams benefit from the match experience. This was certainly the case, and in the year ahead we hope to continue this streak of participating in and hosting friendly matches with strong participation from both teams.



From top left, clockwise: All participants and the Organisers; Team SCC - Sean Lim, Sarat Chandran, Tay Zi Hang, Rayden Tan, Isaiah Yeo, Rahul Khare (standing left to right); Match On - Zi Hang in action against Indian National Champion Velavan Senthilkumar; Ready for the Gala Dinner - Sarat Chandran, Sean Lim, Rayden Tan, Isaiah Yeo, Tay Zi Hang, Rahul Khare, Peter Rogers (standing left to right); Hearty Lunch at MCC - Team SCC with MCC committee member Ranjith.



Tennis

Convenor: Tash Mirando | Article by: Tash Mirando



Greetings from the Tennis Section at the Singapore Cricket Club! To ensure a fantastic new year, we needed to end 2023 on a high – and we certainly did, thanks to our annual Racket Rumble Tournament. This saw over 60 players from across the Tennis Section join in and play in teams that mixed social members, juniors, and team veterans together on Saturday, 9 December. F&B was served during the day to keep everyone fuelled and the celebrations went well into the night as Team 'Down the T Aces' had a close win against the 'SCC Minions'. Everyone had a fantastic day, especially with the weather Gods on our side! A special thanks to the Tennis Section Committee members and Wendy who worked tirelessly, as well as our sponsors who included Asics, Probuddy, Codigo Tequila, and Jeir Creek Wines.

Moving in to 2024 – we have elected a new Section Committee, chaired by Tash Mirando, with the support of Nat Danks as Secretary, Emilie Wolff as Treasurer, Rich Tuck and Rehmat Johal as Men's and Ladies Captains respectively, Pankaj Kapoor as JSM representative, and Vishal Vijay who continues to contribute to the Section after concluding his 3-year tenure as Convenor. To support tennis even more, we have also co-opted Abhi Vijay, Christo Wiese, Eugene Lim, and Phil Simmonds. Thanks in advance to everyone for volunteering their time to continue supporting and improving the Tennis Section at SCC.

What's to come this year? We recently joined the prestigious Association of Centenary Tennis Clubs (centenarytennisclubs.org), and plan to both host and tour with other member tennis clubs in the region. We also look forward to our annual Club Championships, Singapore Tennis Association (STA) competitions, the Padang Shield and Pot Games, Grand Slam Tennis final events, social monthly Makan Kechil's, and last but not least, the annual Racket Rumble to end the year.

We will keep the Club and Tennis Section updated on all the above as well as take part in intersection events as we inch closer to a win at the Intersection Quiz Night! Thanks to all Section Members, new and old, and those who would like to join - please feel free to chat to any of the Tennis Section Committee members when you see them.



From top: Annual Racket Rumble 2023; Down The T Aces for the Win at the Annual Racket Rumble 2023; Publicity poster for the recent Australian Open Men's Finals viewing event.



Tennis Section Committee 2024-2025: From left to right: Nathalie Danks, Vishal Vijay, Pankaj Kapoor, Emilie Wolff, Tashiya Mirando (Dr), Christo Wiese, Richard Tuck, Philip Simmonds.
Not in photo: Rehmat Johal, Eugene Lim, Abhinav Vijay

SCC TENNIS SECTION - CALENDAR OF EVENTS 2024

DATE/S & TIMES	EVENT
JANUARY 22 7 30PM (GILMORE ROOM)	AGM
JANUARY 28	AUSTRALIAN OPEN FINALS SOCIAL
FEBRUARY 24 TO MARCH 08	CLUB CHAMPIONSHIPS (SINGLES/DOUBLES)
TBC	SCC TO HOST A CLUB/S (MARCH) FOLLOWED BY A TOUR (MAY/SEPTEMBER)
MARCH 16 TO APRIL 28	STA INTERCLUB SINGLES LEAGUE
APRIL 20 (PADANG)	SCC SPORTS AWARDS NIGHT
TBC (APRIL 25 TO NOVEMBER 15)	NDP COURT CLOSURE FOLLOWED BY FORMULA 1 AND RESURFACING
JUNE 9	FRENCH OPEN FINALS SOCIAL
JUNE 13 TO JULY 21	EDWIN LEE CUP DOUBLES TOURNAMENT
JULY 14	WIMBLEDON FINALS SOCIAL
SEPTEMBER 12 TO OCTOBER 27	STA INTERCLUB DOUBLES LEAGUE
SEPTEMBER 28	THE POT GAMES VS TANGLIN CLUB
TBC	PADANG SHIELD
NOVEMBER 11 TO DECEMBER 1	STA DOUBLES K/O TOURNAMENT
TBC (NOVEMBER/DECEMBER)	ANNUAL RACKET RUMBLE

Business Hours

(Timings accurate at time of print but are subject to change. Please check with MSD for the most updated information.)

MEMBER SERVICES DESK

Monday – Thursday	0800hrs – 0000hrs
Friday, Saturday & Eve of Public Holiday	0800hrs – 0200hrs
Sunday & Public Holiday	0800hrs – 2200hrs

MAIN LOUNGE

Monday – Thursday	0900hrs – 0000hrs
Friday, Saturday & Eve of Public Holiday	0900hrs – 0100hrs
Sunday & Public Holiday	0900hrs – 2200hrs

STUMPS

Monday – Thursday	1700hrs – 0000hrs
Friday, Saturday & Eve of Public Holiday	1100hrs – 0200hrs
Sunday & Public Holiday	1100hrs – 2200hrs

THE PADANG RESTAURANT

Lunch	Monday – Friday & Sunday	1200hrs – 1500hrs
<i>No lunch operation on Saturday & Public Holiday.</i>		
Dinner	Monday – Saturday & Eve of Public Holiday	1900hrs – 2300hrs
	Sunday & Public Holiday	1900hrs – 2200hrs

THE OVAL & VERANDAH

Monday – Saturday & Eve of Public Holiday	0800hrs – 2300hrs
Sunday & Public Holiday	0800hrs – 2200hrs

THE VICTORIA ROOM

Lunch	Monday – Sunday, Eve of Public Holiday & Public Holiday	1200hrs – 1500hrs
Dinner	Monday – Saturday & Eve of Public Holiday	1900hrs – 2300hrs
	Sunday & Public Holiday	1900hrs – 2200hrs

THE DELI

Monday – Friday & Eve of Public Holiday	1100hrs – 2200hrs
Saturday, Sunday & Public Holiday	1000hrs – 2200hrs

MEN'S BAR

Monday – Saturday & Eve of Public Holiday	1100hrs – 2300hrs
Sunday & Public Holiday	Closed

SQUASH COURTS, TENNIS COURTS, PADANG FIELD, MULTI-PURPOSE COURTS, CRICKET NETS & BOWLING GREEN

Monday – Sunday & Public Holiday	0800hrs – 2200hrs
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GYMNASIUM

Monday – Sunday & Public Holiday	0800hrs – 2000hrs
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Prior booking required for use of sports facilities and gym; strictly no walk-ins allowed.

Members are advised to refer to the Club's Bye-Laws for more information on attire. Club Rules and Bye-Laws are also available on the SCC website at www.scc.org.sg and at the Member Services Desk. For sports attire, please refer to the Section's Bye-Laws. Information is correct at time of print.

SCC Departments Direct Lines

Events/Banquet Enquires: 6309 9115

The Oval & Verandah: 6309 9116

The Padang Restaurant: 6309 9117

Human Resource: 6309 9111

Sports (Including facilities bookings): 6309 9110

Membership Admin: 6309 9114

Members' Billings: 6309 9112

Accounts Payable: 6309 9113



Zaini Rahmat, Duty Manager

Club Management



General Manager/Secretary
Mr. David Jones
Email: david.jones@scc.org.sg



**PA to GM/Executive Secretary/
Head of Member Services**
Ms. Jill Woo
Email: jill.woo@scc.org.sg



Financial Controller
Mr. Ng Hong Leng
Email: FinanceDept@scc.org.sg



Head of Sports & Recreation
Ms. Janet Ng
Email: sportsdept@scc.org.sg



Head of Events & Sponsorship
Ms. Wan Lay Chi
Email: laychi.wan@scc.org.sg



Head of Property & Housekeeping
Ms. Judy Ting
Email: judy.ting@scc.org.sg



Head of Human Resources
Ms. Alice Tang
Email: HR@scc.org.sg



**Head of Marketing
& Communications**
Ms. Trina Tan
Email: marcom@scc.org.sg



Head of Membership Sales
Ms. Yvonnea Kok Shu Fen
Email: yvonnea.kok@scc.org.sg



Executive Chef
Mr. Richard Ng
Email: F&BDept@scc.org.sg



SCC SPORTS AWARDS

Saturday, 20 April 2024

The 14th SCC Sports Awards is a prestigious event which awards recognition not only to those with great sporting achievements but also those who are actively involved in and who contribute to their respective sports sections and the Club.

Saturday, 20 April 2024

Cocktails from 7pm

Award Ceremony commences at 7.30pm

The Padang Restaurant, Gilmour Room & Terrace

\$65 per person *

(inclusive of a welcome drink, buffet dinner, and entertainment)

This year, we will be honouring SCC's Sportsmen and Sportswomen for their sporting achievements in 2023. The awards cover 10 categories:

- Spirit of Sport *(One nominee per Sport Section)*
- Sports Feat of the Year
- Sports Initiative of the Year
- Sports Girl of the Year
- Sports Boy of the Year
- Sports Woman of the Year
- Sports Man of the Year
- Team of the Year
- Section of the Year
- Lifetime Achievement Award*

The award recipients will be selected by an elite panel of independent Judges. Winners will only be revealed at the Awards Presentation.

*The Lifetime Achievement Award is open to all members for nominations.

* Price excludes GST

All Sports Section Convenors are to submit their respective nominations together with supporting document of achievements such as CVs, photographs, etc. to SCC Sports Department (SportsDept@scc.org.sg) by 22 March 2024.

For more information, please contact Wendy Foo at 90469150.





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Strength & Functional Training



MONIKA VERMA
Clinical Director

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* Limited sessions subject to availability
* Terms and conditions apply

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360 Orchard Road, #05-02 International Building, Singapore 238869

East Location

55 Siglap Road, #B1-19 Siglap Centre, Singapore 455871



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