



# SCC CYCLING GROUP

*Embark on a cycling adventure with SCC Cycling Group, where we cater to riders of all levels! Whether you are a casual cyclist or looking for something more challenging, our group has a ride for everyone.*

## **1<sup>st</sup> Saturday of every month:**

**Type of Ride:** SOCIAL Ride

*(All are welcome to join)*

**Time:** 6.45am *(7am roll-off)*

**Meeting Point:** Start / End at SCC *(but may vary)*

**Distance:** 30 – 35km

**Speed:** 20 – 23 kmh *(on flats)*

**Route:** Pedestrian Tracks and PCN

**Others:** Helmets are required.

## **3<sup>rd</sup> Saturday of every month:**

**Type of Ride:** INTERMEDIATE Ride

**Time:** 5.20am *(5.30am roll-off)*

**Meeting Point:** Start / End at SCC, but this may vary depending on the distance and the nature (eg. flats or climbs) of the day's ride.

**Distance:** 45 – 55km

**Speed:** 25 – 30 kmh *(on flats)*

**Route:** Road

**Recommended Bicycles:** Tri / Road Bikes preferred. Hybrid Bikes and Fast Foldable or Mountain Bikes are welcomed too.

**Others:** Helmets, front and rear lights are required.

For registration, please email to [EventsDept@scc.org.sg](mailto:EventsDept@scc.org.sg).

*Recommended for ages 18 years and above.*